

Infant/Waddler Daily Routine

7:00am – 7:30am	Arrival/Free Play
7:30am – 8:00am	Breakfast
8:00am – 8:30am	Diaper Changes
8:30am – 9:00am	Circle Time
9:00am – 9:30am	Tummy Time/Gross Motor Time
9:30am – 10:00am	AM Snack
10:00am – 10:30am	Music & Movement
10:30am – 11:00am	Art/Fine Motor Activity
11:00am – 11:30am	Buggy Ride
11:30am – 12:00pm	Lunch
12:00pm – 12:30pm	Diaper Changes
12:30pm – 2:00pm	Rest Time/Quiet Time
2:00pm – 2:30pm	Diaper Changes & Book Time
2:30pm – 3:00pm	PM Snack
3:00pm – 3:30pm	Buggy Ride
3:30pm – 4:00pm	Tummy Time/Gross Motor Time
4:00pm – 4:30pm	Diaper Changes
4:30pm – 6:00pm	Learning Centers/Parent Pick Up